

Thanks to our sponsors:



Sponsorships Available

- \$1000 – Platinum sponsor
- \$ 500 – Gold sponsor
- \$ 250 – Silver sponsor
- \$ 100 – Bronze sponsor
- \$ 50 – Contributor

Sponsor forms received by March 30 will have the company's name/logo on all race t-shirts. Sponsors will be recognized on race day, and logos will be displayed on registration materials as soon as they are received.

Sponsors, please return this form along with a check made payable to:  
Team Alex Fund  
107 Drake Drive  
Wexford, PA 15090

Company name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Contact: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

Please email a copy of your corporate logo to:  
bmac@zoominternet.net

Questions: Contact Brian McWilliams at 724-934-3672 or at the above email address.

**TEAM  
5K/5 Mile Run/Walk  
ALEX**

North Park Boathouse  
Pearce Mill Road  
Allison Park, PA 15101

April 24, 2010  
9:00 AM

Registration and Packet Pickup  
Begins at 7:30 AM

Pre-register by April 10

**Register Online Today At:**  
<https://www.signmeup.com/68040>

For more information contact:  
Brian McWilliams  
724-934-3672  
bmac@zoominternet.net

# Team Alex 5K/5 Mile Run/Walk

Alex Brown is a very active 4-year-old boy whose life changed on October 20, 2009. After complaining about neck pain for just a few days, he woke up in the morning with a fever and could not walk. At Children's Hospital, he was diagnosed as having a mass in his spinal column (spontaneous spinal epidural hematoma) that needed to be immediately removed.



Alex has remained on a ventilator since the operation and has had numerous setbacks with getting off the ventilator. After being at the hospital for about a week, he contracted pneumonia and H1N1. Alex has had several subsequent surgeries. The most significant have been a tracheotomy and lung surgery, which is not a typical procedure for a 4 year old. Alex remained in the ICU for nearly 3 months after his initial surgery and was recently moved to the Children's Institute of Pittsburgh. His outcome is still uncertain since surgeons from Children's have not encountered his situation before. He is learning to build up his upper body strength and is working on being mobile in a wheelchair.

## Race Info

- Both the 5K and 5 Mile races will start at the North Park boathouse at 9:00 AM
- Races will begin and end at North Park Boathouse  
339 Pearce Mill Road  
Allison Park, PA 15101
- Each participant will receive a performance race day t-shirt (provided they pre-register)
- Food and beverages, raffles, and awards ceremony will follow the race
- Race will include certified course measurement and computer timing provided by Miles of Smiles Timing Services
- Indoor restrooms available
- USATF Sanctioned
- View race courses at <http://www.mapmyrun.com/user/284126367001682249/teamalexrunning>

## Awards

### Top Overall Awards:

Trophy and gift certificate to Elite Runners and Walkers for the Top Overall Male, Female, Male Master, Female Master in each race.

Medal and gift certificate to Elite Runners and Walkers for the Second and Third Overall Male, Female, Male Master, and Female Master in each race.

### Age Group Awards:

Medals to the Top Three Male and Female Runners in the following age groups for each race: 10 and under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 +

No duplication of Awards

## Registration Form

Register by mail or online at  
<https://www.signmeup.com/68040>

Sign up for:	Before April 10	After April 10
<input type="checkbox"/> 5 Mile Run	\$18.00	\$25.00
<input type="checkbox"/> 5K Run	\$18.00	\$25.00
<input type="checkbox"/> 5k Walk	\$18.00	\$25.00

Name _____		
Address _____		
City _____	State _____	Zip _____
Phone _____	Age _____	
E-mail Address _____		

Mail Check Payable to: Team Alex Fund

Mail to: Team Alex Run/Walk  
107 Drake Drive  
Wexford, PA 15090

### Waiver and Release

In consideration of the acceptance of this entry, I waive, for myself, my heirs, and assigns, all claims for damages which I might have against the race, its sponsors and directors, volunteers and officials, the USATF, or any other organization, business, or individual as a result of any and all injuries which might be received during the contest. I attest that I have sufficiently trained for this event. I also release any photos that may involve myself.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian if under 18 \_\_\_\_\_ Date \_\_\_\_\_

T-Shirt Size: XS S M L XL XXL

T-Shirts guaranteed only to those who pre-register prior to April 10

Questions? 724-934-3672 or  
[bmac@zoominternet.net](mailto:bmac@zoominternet.net)